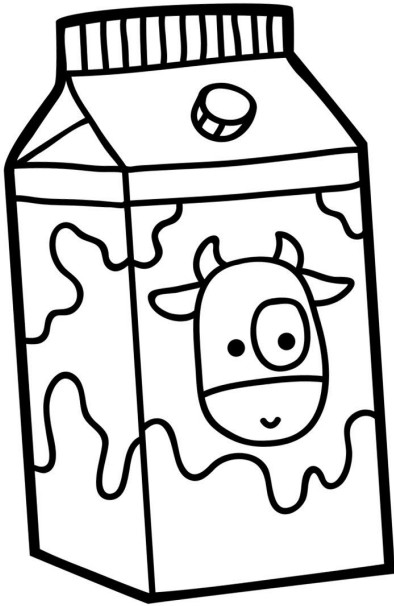


Dairy Group Coloring Page

Dairy helps us to build strong bones and teeth. Color the different sources of dairy found around the world.



Milk

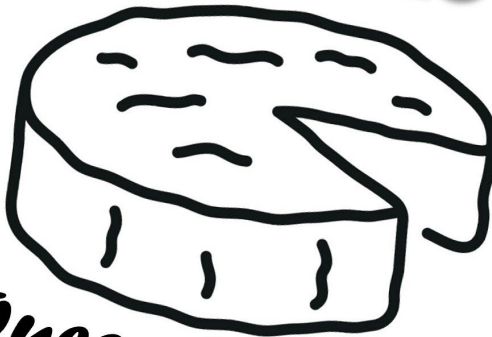


Yogurt



Swiss Cheese

DAIRY



Queso Fresco



Soy Yogurt



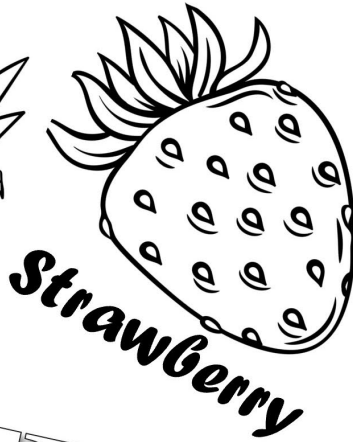
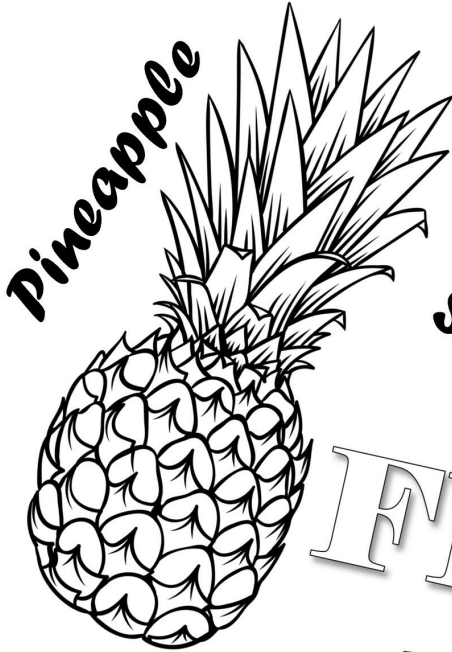
Soy Milk



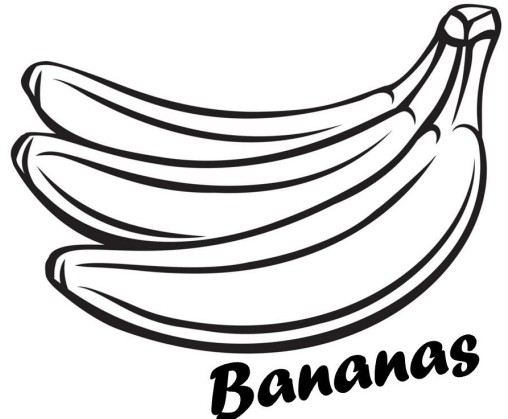
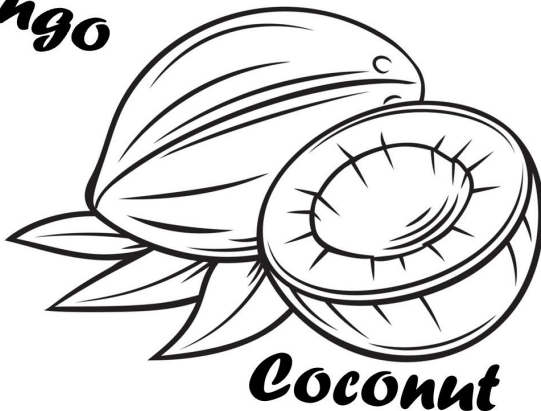
Lassi

Fruit Group Coloring Page

Fruits are packed with vitamins and minerals that help us stay healthy. Color the different fruits from around the world.

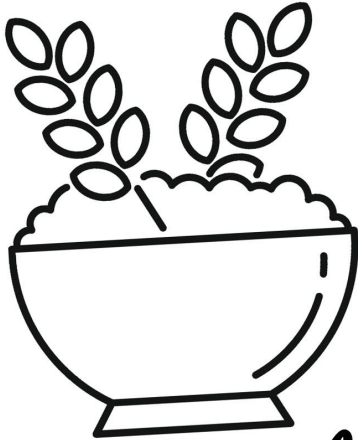


FRUITS

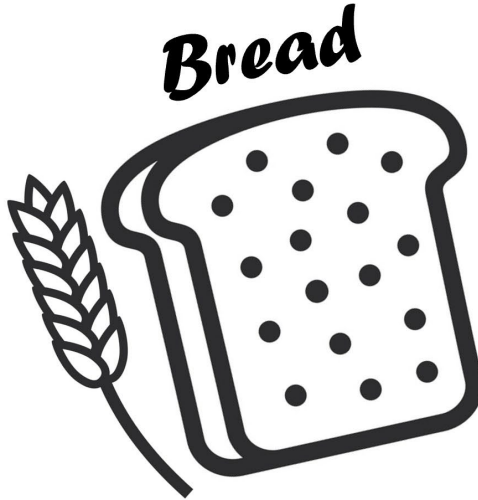


Grains Group Coloring Page

Grains give us energy. They also contain fiber which helps our body to digest food. Color the different grains from around the world.



Oatmeal



Bread

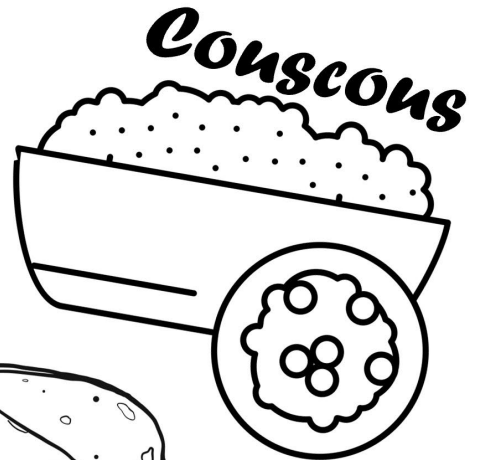


Popcorn

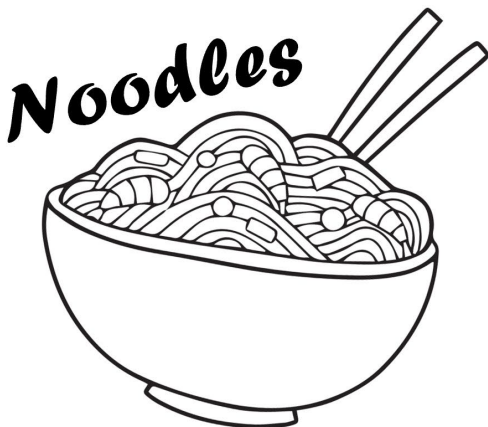
GRAINS



Rice



Couscous



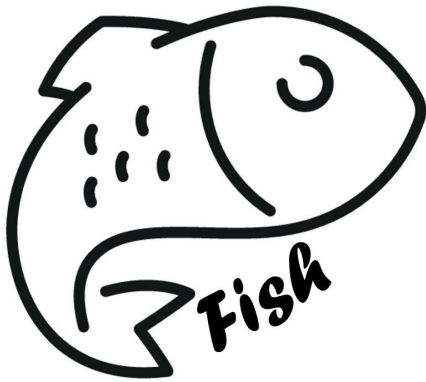
Noodles



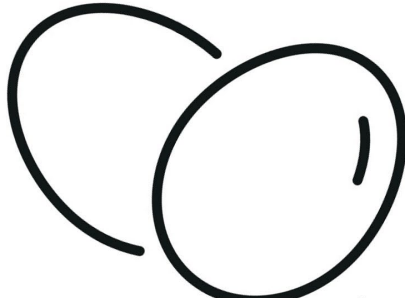
Tortillas

Protein Foods Group Coloring Page

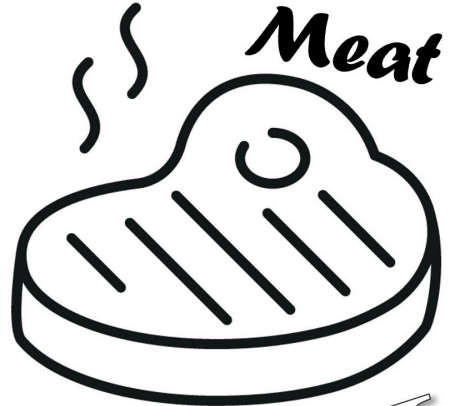
Protein helps us grow and build strong muscles. Color the different sources of protein from around the world.



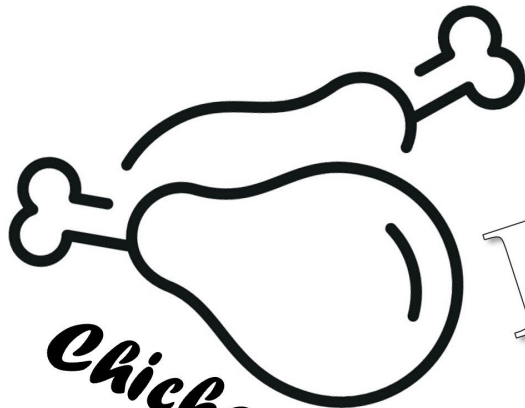
Fish



Eggs

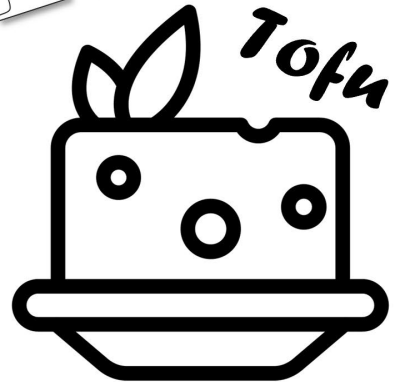


Meat



Chicken

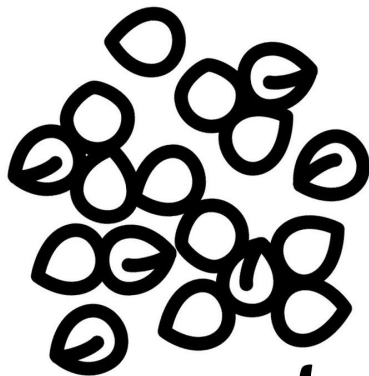
PROTEIN



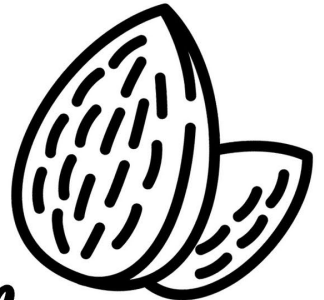
Tofu



Chickpeas



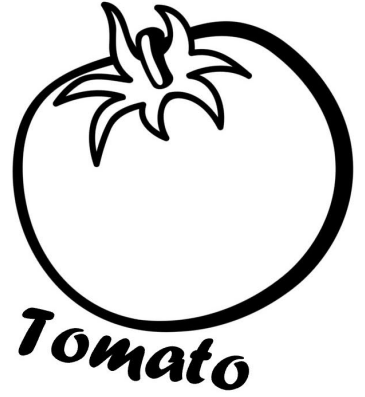
Chia Seeds



Almonds

Vegetable Group Coloring Page

Vegetables are full of vitamins and minerals that protect us from getting sick. Color the different vegetables from around the world.



VEGETABLES

